

**TRANSGENDER/GENDER DIVERSE (TGD) - ALLIED ANTHEM-UC SHIP
IN-NETWORK THERAPISTS
& OTHER GENDER-AFFIRMING COMMUNITY RESOURCES**



*(MOST PROVIDERS NOW OFFER TELEHEALTH. Ask when you call or message.
A UC SHIP referral is only needed for providers located within 50 miles of UCR.)*

TGD-ALLIED ANTHEM-UC SHIP IN-NETWORK THERAPISTS

<p>COLLABORATIVE PSYCHOLOGY GROUP fka: Dr. Tanika Gayle & Associates 5051 Canyon Crest Dr. Ste. 204 Riverside, CA 92506 Phone: 951-682-1488 www.collaborativepsychgroup.com</p>	<p>LAURA CUEVA-MILLER, PHD 3590 Central Ave. #202 Riverside, CA 92506 Phone: 951-788-6006 Email: drlauracm@gmail.com</p>
<p>LYNN FLEWELLING, LMFT 101 East Redlands Blvd. Ste. 234F Redlands, CA 92373 Phone: 951-249-7684</p>	<p>FORESIGHT MENTAL HEALTH In-office and online individual and group therapy and psychiatry available</p> <ul style="list-style-type: none"> • Search by service, location, or clinician OR select “Request appt.” • Confirm your email address (UCR email) and insurance (Anthem Blue Cross CA) • Search provider “Bio” for LGBTQI+ and “gender identity” or “transgender” specialties • Schedule appointments on therapist's page <p>Transgender & nonbinary support group (online)</p> <ul style="list-style-type: none"> • Typically 8 or fewer people facilitated by licensed therapist • One hour per week for 8, 10, or 12 weeks • www.foresightmentalhealth.com/group-therapy <p>Email: info@foresightmentalhealth.com www.foresightmentalhealth.com</p>
<p>ERICA KHAMVONGSA, LMFT LIFESTANCE HEALTH 4361 Latham St. Ste. 220 Riverside, CA 92501 Phone: 909-403-6824</p> <ul style="list-style-type: none"> • Also offers online therapy 	<p>LONDON MARTIN, LCSW FOOTHILLS PSYCHOLOGICAL SERVICES, INC. 9089 Baseline Rd. Ste. 200 Rancho Cucamonga, CA 91730 Phone: 909-980-3567 www.foothillpsych.com/RanchoCucamonga.en.html</p>
<p>JEANETTE MARIE MERCHANT, MFT Associated Clinicians: Alexandra Corrine Truman, LMFT 7888 Mission Grove Pkwy. S.</p>	<p>DIANA LISSETTE MORAN, LMFT Associated Clinicians: Alejandra Sosa-Chora, LMFT, Cynthia J. Garrison, LMFT, Natasha L. Collins, LMFT, Christina Judeh, LMFT</p>

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<p>Riverside, CA 92508 Phone: 323-798-7413</p>	<p>2280 Market St. Ste. 145 Riverside, CA 92501 Phone: 628-200-0904</p>
<p>JUAN MORIEL, PSYD, LMFT, LPCC 3400 Central Ave. Ste. 310 Riverside, CA 92506 Phone: 626-676-2419 www.juanmoriel.com</p>	<p>JANE ANNE NORRIS, MFT 6809 Indiana Ave. Ste. 137 Riverside, CA 92506 Phone: 714-390-9893</p>
<p>OCTAVE THERAPY</p> <ul style="list-style-type: none"> • All therapy is currently remote • LGBTQ+-affirming Individual therapy, groups, and workshops • Accept UC SHIP Anthem Blue Cross. <p>www.findoctave.com/queer-resilience-clinic</p>	<p>PSYCHEALING COUNSELING CENTER NHUNG PHAN, PSYD, QME 1011 North Begonia Ave. Ste. 1009 Ontario, CA 91762 Phone: 800-683-2945 www.healingpcc.com</p>
<p>PSYCHOLOGICAL AND SUBSTANCE ABUSE SERVICES, INC. Practice of Dr. Ta Tanisha Jones, PSYD Offers therapy & psychological/ADHD/LD testing 21250 Box Springs Rd. Ste. 203 Moreno Valley, CA 92557 Phone: 951-335-5858 Fax: 951-335-5870 www.psychservices.online/</p>	<p>STACY RICHARDSON, LMFT 3600 Lime St. Bldg. 2 Riverside, CA 92501 Phone: 951-758-8855</p>
<p>JENNIFER SUZANNE ROBERTS, LMFT 5225 Canyon Crest Dr. Ste. 100 Riverside, CA 92507 Phone: 323-205-7088</p>	<p>NANCY TALLEY, LMFT 41870 Kalmia St. Ste. 155 Murietta, CA 92562 Phone: 951-319-2341</p>
<p>TRUEEVOLUTION INC. 4175 Brockton Ave. Riverside, CA 92501 Phone: 951-888-1346 Toll-free: 877-890-1169 Email: info@trueevolution.org www.trueevolution.org</p>	<p>GRACE E. USIGBE, MFT 4049 Brockton Ave. Riverside, CA 92501 Phone: 951-300-8124</p>
<p>SUSAN ZELENER, PHD 255 Terracina Blvd. Ste. 204 Redlands, CA 92373 Phone: 909-798-1763</p>	

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<p>TRANSGENDER HEALTH AND WELLNESS CENTER (Accepts UC SHIP Anthem Blue Cross, Kaiser, IEHP, but no insurance required)</p> <ul style="list-style-type: none"> • Free mental Health Services • Hair removal and Hirtutism service • Insurance navigation for TGD people • Name and gender change support • Gender-affirming speech program • Medically necessary letters for TGD folx • Housing assistance for survivors of interpersonal violence or sexual assault • Mental health graduate student internship program <p>Online support group with Nell Alcantara Mondays 5 pm - 6 pm Nell Phone: 760-202-4308 Email: nell@trans.health</p> <p>FOR ALL LOCATIONS: Email: info@trans.health www.trans.health/</p> <p>LOCATIONS: Riverside Office I 6700 Indiana Ave. Ste. 252 Riverside, CA 92506 Phone: 951-530-8257 or 951-530-8217 Fax: 760-818-8025</p> <p>Riverside II Office: Electrolysis only 6840 Indiana Ave. Riverside, CA 92506 Phone: 951-530-8148 or 951-530-8139 Fax: 760-818-8025</p> <p>340 South Farrell Dr. Palm Springs, CA 92262 Phone: 760-202-4308 or 760-656-4141 Fax: 760-818-8025</p>	<p>THE SHRINK SPACE</p> <ul style="list-style-type: none"> • On "the shrink space" multiple specialties can be selected including "trauma/PTSD," "anxiety," or enter "Transgender" or "Gender Identity Issues," or any other areas of interest. • For insurance select Anthem and Blue Cross and Blue Shield, then enter a location where you want to be seen. • Students are advised to confirm the provider you select accepts UC SHIP Anthem Blue Cross insurance and confirm either in-person and/or remote therapy. <p>www.theshrinkspace.com/</p>
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UCR HEALTH AND CAMPUS-AFFILIATED PROVIDERS

<p>DR. ROB CASTANOS, PSYCHIATRIST UCR Health Multispecialty Center 3390 University Ave. Suite 115</p>	<p>DR. GINA VALDOVINOS, PSYCHIATRIST UCR Student Health Services 900 University Ave, Student Health Bldg W Wing</p>
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<p>Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>	<p>Riverside, CA 92521 Phone: 951-827-3031</p>
<p>DR. JAMI WOODS, PSYCHIATRIST & HRT PROVIDER UCR Health Multispecialty Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>	<p>DR. TOSHIA YAMAGUCHI, PSYCHIATRIST UCR Health Multispecialty Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>
<p>AYOKA BELL, PSYD, WPATH member UCR Counseling and Psychological Services 900 University Ave, Student Health Bldg. N. Wing Riverside, CA 92521 Phone: 951-827-5531 www.counseling.ucr.edu</p>	<p>NICOLE PITSAVAS, PSYD UCR Counseling and Psychological Services 900 University Ave, Student Health Bldg. N Wing Riverside, CA 92521 Phone: 951-827-5531 www.counseling.ucr.edu</p>
<p>UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM Orange County's only interdisciplinary program dedicated to caring for transgender and gender-expansive individuals up to age 26. Supportive, affirming services offered include patient and family counseling, puberty suppression, gender-affirming hormone therapy, and community connections. 101 The City Drive South Pavilion 3 Orange, CA 92868 Phone: 714-456-6025 Email: genderdiversity@hs.uci.edu www.ucihealth.org/medical-services/pediatric-gender-diversity</p>	<p>UCLA GENDER HEALTH PROGRAM</p> <ul style="list-style-type: none"> • Primary care • Hormone therapy • Facial reconstruction • chest/top surgery • Genital reconstructive/bottom surgery • Gynecological care • Voice therapy & voice surgery • behavioral health services <p>Multiple L.A. area locations. Call or email for details. Phone: 310-267-4334 Email: genderhealth@mednet.ucla.edu or LGBTQ+@mednet.ucla.edu www.uclahealth.org/gender-health/</p>
<p>UCLA HEALTH PLASTIC SURGERY JUSTINE C. LEE, MD, PHD (Craniofacial Surgery/FFS/MFS) 200 Medical Plaza, Ste. 460 Los Angeles, CA 90095 Phone: 310-825-5510 Fax: 310-825-5510 www.uclahealth.org/providers/justine-lee</p>	<p>RIVERSIDE PLASTIC SURGERY DR. BEN CHILDERS (Top Surgery) (Accepts Anthem UC SHIP referrals) 4605 Brockton Ave., Ste. 200 Riverside, CA 92506 Phone: 951-332-7318 www.benchildersmd.com</p>

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IN-NETWORK HORMONE THERAPY (HRT) PROVIDERS

(Call to confirm in-office or telehealth. See end of document for Anthem- UC SHIP covered, no-cost, non-emergency medical transportation service.)

<p>UC HEALTH - AFFILIATED HRT PROVIDERS</p> <p>DR. JAMI WOODS, PSYCHIATRIST & HRT PROVIDER UCR Health Multispecialty Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p> <ul style="list-style-type: none"> • Telehealth available <p>DR. HODA MOJAZI-AMIRI, ENDOCRINOLOGIST UC Irvine Health 18637 Yorba Linda Bl. Yorba Linda, CA 92886 Phone: 714-790-8600</p> <ul style="list-style-type: none"> • Telehealth available 	<p>DR. MARIO PEREZ CARCAMO, ENDOCRINOLOGIST Riverside Community Hospital 4440 Brockton Ave. Suite 420 Riverside, CA 92501 Phone: 951-684-8020</p> <ul style="list-style-type: none"> • TGD patients up to 25 y/o • Languages: English, Spanish <p>https://www.riversidemedicalclinic.com/doctors/webster-john-do/</p>
<p>DR. SABTIR SINGH, ENDOCRINOLOGIST Riverside Medical Clinic 6405 Day Street Riverside, CA 92507 Phone: 951-697-5620</p> <p><i>TGD patients need letter(s) from therapist, current labs, last visit notes, and confirmation of insurance. As of 3/2023, first available appointments are in July 2023.</i></p> <p>https://www.riversidemedicalclinic.com/doctors/singh-satbir-md/</p>	<p>DR. JOHN WEBSTER, ENDOCRINOLOGIST Riverside Medical Clinic – Mission Grove 19314 Jesse Ln., Suite 100 Riverside, CA 92508 Phone: 951-321-6309</p> <p>https://www.riversidemedicalclinic.com/doctors/webster-john-do/</p>
<p>DR. SHADI ABDELNOUR, ENDOCRINOLOGIST via Telehealth Indian Health Inc. – <i>Native American patients only</i> 11980 Mount Vernon Ave. Grand Terrace, CA 92313 Phone: 909-864-1097</p>	<p>LOMA LINDA FACULTY MEDICAL CLINICS</p> <ul style="list-style-type: none"> • Multiple HRT providers for TGD patients • Appointment with HRT specialist can be made after confirmation of supportive documentation (diagnoses, patient medical history, letter(s), etc.)

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<p>https://www.cedars-sinai.org/provider/shadi-abdelnour-1883231.html</p>	<p>11370 Anderson St. Suite 3400 Loma Linda, CA 92354 Main phone: 877-558-6248 Endocrinology direct: 909-558-2838</p>
<p>DR. SANDEEP SODHI, ENDOCRINOLOGIST 1820 Fullerton Ave., Suite 230 Corona, CA 92881 Phone: 949-630-0008</p>	<p>BEAVER MEDICAL GROUP DR. CHUKA AKAMNONU, ENDOCRINOLOGIST 245 Terracina Bl. Suite 209c Redlands, CA 92373 Phone: 909-793-3311</p> <p><i>Must be a current or new Beaver Medical Group patient and see Beaver physician for primary care</i></p>

OTHER (OUT OF NETWORK) AND REGIONAL SOURCES FOR GENDER-AFFIRMING HEALTHCARE, INFORMATION, & SUPPORT

<p>BORREGO HEALTH EASTSIDE HEALTH CENTER 1970 University Av. Riverside, CA 92507 Phone: 951-213-3450 www.borregohealth.org/transgender-health</p> <p>DEPARTMENT OF TRANSGENDER MEDICINE</p> <ul style="list-style-type: none"> • Designated the region’s first and only Center of Excellence for Transgender Health by the Inland Empire Health Plan (IEHP) • Serves all regardless of citizenship or ability to pay • Offers informed consent gender-affirming hormone therapy • All providers have lived experience and are subject matter experts <p><i>BORREGO HEALTH offers</i> <i>FREE peer-led group for trans/gender diverse folks (ages 16+ welcome).</i> <i>Register at: https://tinyurl.com/trans-Borrego</i> Phone: 760-507-3310 or 760-676-5800</p>	<p>Borrego Health Associated Providers: ANTONIA D’ORSAY, PhD, MS, MA (she/her) Director of Transgender Services Phone: 760-507-3310 or 760-676-5800 Email: adorsay@borregohealth.org</p> <p>MITA BEACH, MA (they/them/he) Transgender Navigator Specialist Phone: 909-748-1023 Email: mbeach@borregohealth.org</p> <p>NOHEMI LOPEZ (they/them/she) Transgender Navigator Specialist Phone: 909-454-6204 Email: nohemil@borregohealth.org</p> <p>MATEO W (he/him) Transgender Navigator Specialist Phone: 442-227-5532 Email: mwilliamson@borregohealth.org</p> <p>MARCEL OMAR (he/him) Transgender Navigator Specialist Phone: 951-878-5055 Email: momar@borregomedical.org</p>
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<p>CENTRAL COUNSELING SERVICES TRANSGENDER SUPPORT GROUP</p> <ul style="list-style-type: none"> • FREE support group for TGD adults 4th Thursday of the month, 6:30 – 8:00 pm • For other services, accepts IEHP, Beacon/Kaiser, Aetna and others or private pay • Does not accept Anthem, Blue Cross, Blue Shield or Cigna <p>6840 Indiana Ave. Ste. 275 Riverside, CA 92506 Phone: 951-778-0230 Text: 951-323-2182 Email: info@centralcounselingservices.net</p>	<p>WESLEY DETWILER, PHD, WPATH member 471 E Tahquitz Canyon Way, Ste. 219 Palm Springs, CA 92262 Phone: 619-636-9444 Email: drwesley@detwilerpsychology.com www.detwilerpsychology.com</p>
<p>OMAR GONZALES-VALENTINO, LMFT, LPC WPATH member Accepts Medicare, Medicaid, Medi Cal, IEHP 4175 Brockton Ave. Riverside, CA 92501 Phone: 951-888-1346 www.truevolution.org/old-site/omar-gonzalez-valentino</p>	<p>DOJUANA HAIRSTON, LMFT, PSYD WPATH member Orange Psychiatric Medical Group 41670 Ivy St., Ste. C Murietta, CA 92562 Phone: 951-696-5220 www.orangepsychiatry.com/dojuana-hairston-psyd.html</p>
<p>PATH MENTAL HEALTH Phone: (323) 977-7284 www.pathmentalhealth.com/</p> <p>Associated clinicians:</p> <p>RICKEY BATES, LCSW Phone: 951-470-2395</p> <p>SHARON DOBBS, LCSW Phone: 951-228-3998</p> <p>SAMUEL JENKINS, LCSW, WPATH member Phone: 909-414-2271</p> <p>MAIKO S KING, LMFT Phone: 415-306-8519 KELLY LLOYD, LMFT Phone: 323-543-0570</p>	<p>PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST Transgender Health Services at Moreno Valley and Coachella locations</p> <ul style="list-style-type: none"> • Offers informed consent HRT services • Accepts Medi-Cal. <p>Phone: 1-888-743-7526 www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services</p>

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<p>VICTORIA MARIE PAPPAS, LMFT Phone: 909-757-5119</p>	
<p>PROSPECT THERAPY - LGBTQ+ AFFIRMING PSYCHOTHERAPY</p> <ul style="list-style-type: none"> • Can provide letters <p>4510 CA-1 Ste. 540 Long Beach, CA 90804 Phone: 562-704-4736 www.prospecttherapy.com www.prospecttherapy.com/hrt-and-gcs-letters</p>	<p>SAKURA THERAPY CENTER (Out of network)</p> <ul style="list-style-type: none"> • Inland Empire-based with online therapy only • All therapists are WPATH trained and can provide letters. <p>Email: admin@sakuratherapycenter.com www.sakuratherapycenter.com</p>
<p>JULIE SIEGEL-TURNER, LCSW WPATH trained Gender Therapist Sliding scale, cash pay Riverside, CA 92506 Phone: 951-801-5954 www.psychologytoday.com/us/therapists/julie-naomi-siegel-turner-riverside-ca/420468</p>	<p style="text-align: center;">SPEECH AND VOICE THERAPISTS</p> <p>TINA BABAJANIANS, MS, Vocal Therapist Newport Beach, CA Phone: 323-825-9709 Email: hello@thevoicelist.com www.thevoicelist.com/services</p> <p>MICHELLE GRODON, MCSP, WPATH member 2900 Bristol St., Ste. B-103 Costa Mesa, CA 92626 Phone: 714-403-1721 www.mgspeech.com</p>
<p>THE GENDER AFFIRMATION PROJECT 5894 Magnolia Ave. Riverside, CA 92506 Phone: 951-289-5025 https://thegenderaffirmationproject.org/</p>	<p>THE TRANSPOWER PROJECT by Queer Works</p> <ul style="list-style-type: none"> • Free mental health sessions • Connections to psychiatry • Letter writing • Online therapy available <p>1775 E. Palm Canyon Dr., Ste. 110-1032 Palm Springs, CA 92264 Phone: 760-824-5112 https://www.queerworks.org/transpower http://www.transpowerproject.com http://www.transpowerproject.com/resource-guides.html</p>
<p>TRANSGENDER AFFIRMING THERAPY, ORANGE COUNTY 17682 Mitchell N., Ste. 104 Irvine, CA 92614 Phone: 949-648-7991 Email: TransAffirmingTherapy@gmail.com www.transgenderaffirmingtherapy.com/</p>	<p>TRUEVOLUTION INC. 4175 Brockton Ave. Riverside, CA 92501 Phone: 951-888-1346 Toll-free: 877-890-1169 Email: info@truevolution.org www.truevolution.org</p>

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<p>KAISER SOUTHEN CALIFORNIA GENDER HEALTH SERVICES AND TRANSGENDER CARE Offers gender-affirming surgery pathways, hormone therapy, gynecological services, fertility preservation, mental health services, primary care, & case management.</p> <p>Phone: 323-857-3818 (M-F 7:30 am – 5:00 pm) Benefits and coverage: 800-464-4000 https://thrive.kaiserpermanente.org/care-near-you/southern-california/transgender/</p>	<p>RIVERSIDE UNIVERSITY HEALTH SYSTEM <i>(RIVERSIDE COUNTY HEALTH)</i> TRANSGENDER HEALTH SERVICES – Specialty Clinic</p> <p>Medical and Surgical Center 26600 Cactus Ave. Moreno Valley, CA 92555</p> <p>Main Campus Community Health Center Women’s Health Center – 3rd Floor Contact: Daisy Mendez, Program Coordinator Phone: 951-988-9849 Email: d.mendez@ruhealth.org</p> <p>Accepts: Medi-Cal, IEHP, Molina <i>Authorization must read: RUH CHC OBGYN</i></p> <ul style="list-style-type: none"> • Endocrinology, vocal therapy, top and bottom surgery for MtF (no FtM), FFS, referrals for trach shaving and electrolysis <p>Physicians: Dr. Iqbar Munir, Dr. Almira Yang, and PA, Brittany Speer Behavioral health & TAY: Dr. Dalia Balsamo</p>
<p>VA LOMA LINDA LGBTQ+ VETERAN CARE VA Loma Linda Health Care</p> <ul style="list-style-type: none"> • Mental health services, including psychosocial assessments for hormone therapy and gender confirming surgeries • Creative arts therapies • Hormone therapy • Gender-Affirming prosthetics • Testing, counseling, and care for HIV and STIs, including PEP and PrEP for Veterans at risk for HIV • Other prevention, screening, wellness, and testing services <p>https://www.va.gov/loma-linda-health-care/health-services/lgbtq-veteran-care/</p>	

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<p>Jerry L. Pettis Memorial Veterans' Hospital 11201 Benton St. Loma Linda, CA 92357</p> <p>Sommer Feliciano, LGBTQ+ Veteran Care Coordinator Phone: 909-894-7831 Email: Sommer.Feliciano@va.gov</p>	
<p>LGBTQ CENTER OF ORANGE COUNTY (OC) 1605 N. Spurgeon St. Santa Ana, CA 92701 Phone: 714-953-5428 www.lgbtqcenteroc.org/</p>	<p>LGBTQ+ CENTER OF RIVERSIDE COUNTY <i>Opens in August 2022</i> 24910 Las Brias Rd. Murietta, CA 92562 Phone: 951-364-3305 www.rivcocenter.org/</p>

24/7/365 GENDER-AFFIRMING SUPPORT AND RESOURCES

<p>CHARLIE HEALTH Personalized 24/7 mental health support for LGBTQIA+ teens and young adults. Phone: 1 (866) 219-5070 www.charliehealth.com</p>	<p>Take My Hand - Free Peer Chat Website www.takemyhand.co/</p>
<p>The Trevor Project Phone: 866-488-7386 www.thetrevorproject.org</p>	<p>Trans Lifeline Phone: 877-565-8860 www.translifeline.org/</p>

FAMILY AND FRIENDS SUPPORT

<p>Palm Springs PFLAG www.pspflag.org</p>	<p>Riverside PFLAG www.pflag.org/chapter/pflag-riverside</p>
<p>Temecula PFLAG www.pflagtemecula.org/</p>	<p>Trans Family Support Group: www.transfamilysos.org/</p>

INTERNATIONAL GENDER-AFFIRMING SUPPORT & RESOURCES

<p>ASIA PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (ASIAPATH) www.asiopath.org/</p>	<p>UNITED STATES PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (USPATH) www.uspath.org/</p>
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**EUROPEAN PROFESSIONAL ASSOCIATION FOR
TRANSGENDER HEALTH (EPATH)**
www.epath.org/

**WORLD PROFESSIONAL ASSOCIATION FOR
TRANSGENDER HEALTH (WPATH)**
www.wpath.org/

GENDER-AFFIRMING APPS

BLISS APP – Financial planning for transitioning
www.bliss.lgbt

EUPHORIA APP – Get support through your transition with this subscription service.
www.euphoria.lgbt

FOLX APP - Folx is for everybody and every body. Specialized in experts in LGBTQ+ care. Delivered discreetly and directly to your door. Virtual healthcare. Estrogen. Testosterone. PrEP.
www.folxhealth.com

PLUME APP – Consult with a medical provider, get guidance and a prescription, all from your phone with this TGD-created gender-affirming service.
www.getplume.co

SOLACE APP – Information and resources to guide transgender people through whatever process of gender transition you desire.
www.solace.lgbt

TrueU APP – Personalized online hormone therapy for TGD folx.
www.trueuclinic.com

**Non-Emergency Medical/Psychiatric Transportation covered by UC SHIP
(Service available at no additional cost during the 2022-2023 academic year)**

Transportation to and from scheduled medical and behavioral health appointments or pharmacy following a doctor’s appointment.

To request **non-emergency medical/psychiatric transportation**
call: **951-827-3031**

To request **non-emergency behavioral health (therapy/counseling) transportation**
call: **951-827-5531**

Review details at:
<https://studenthealth.ucr.edu/non-emergency-medical-transportation#what-is-the-service> or
<https://counseling.ucr.edu/accessibility-and-resource-support>

- Must be scheduled through UCR Student Health or CAPS
- Transport through Lyft in car or SUV
- 24 one-way trips per benefit year
- Same day appointments available with sufficient notice
- Look for notification from Circulation Health
- One companion *may* be permitted
- Limited to 25 miles one-way with some exceptions up to 40 miles
- Diver not aware of reason for ride or any rider medical information
- See website for no-show and cancellation policies

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